



YENEPOYA

(DEEMED TO BE UNIVERSITY)


Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years.

Any other relevant information


ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deraikatte
Mangalore - 575 018, Karnataka

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ATTESTED


Dr.Gangadhara Somayaji K.S.
Registrar
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University Road, Deralakatto
Mangalore- 575 010, Karnataka

**YEN Cradle (baby kits sponsored by
Yenepoya Hospital)**

ATTESTED



Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore - 575 018, Karnataka



YENEPOYA
(DEEMED TO BE UNIVERSITY)

Yenepoya Medical College Hospital

(A CONSTITUENT COLLEGE OF YENEPOYA (DEEMED TO BE UNIVERSITY), Recognised under Sec 3 (A) of the UGC Act, 1956)
Accredited by NAAC with 'A' Grade

UNIVERSITY ROAD, DERALAKATTE, MANGALORE - 575 018. Ph : 2204668/69/70 Fax : 0824 - 2204664



Certificate No. H - 2018 - 0112
March 21, 2018 - March 26, 2022

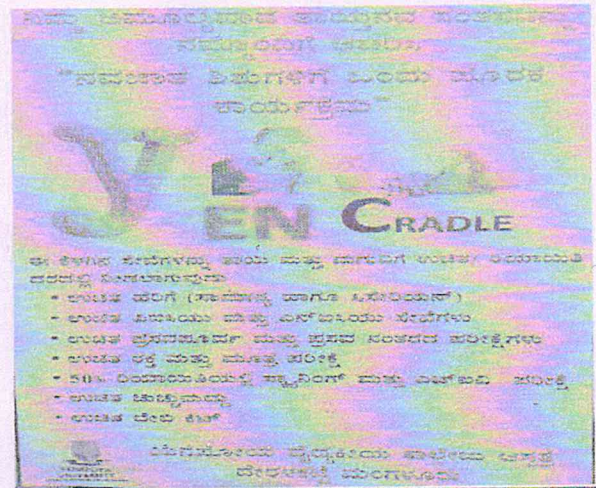
YENEPOYA DEEMED TO BE UNIVERSITY

YEN CRADLE DETAILS

Yen cradle

Every new mother is provided with a baby kit worth Rs.2000

- sponsored by Yenepoya University



Recipient of Yen Cradle

ATTESTED

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Registrar
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University Road, Deralakatte
Mangalore-575 018, Karnataka

30/6/2020

Dr. SALLY MARY ABRAHAM
Reg. No 22432
Professor & HOD, Obstetrics & Gynaecology
Yenepoya Medical College

Consolidated data of the Beneficiaries from 2015 to 2020

Summary of beneficiaries	
2015	1369
2016	1633
2017	1840
2018	2367
2019	3058
2020	1261
Total	11528

2015 Beneficiaries	
January	68
February	82
March	84
April	113
May	134
June	149
July	106
August	117
September	126
October	146
November	120
December	124
Total	1369
2017 Beneficiaries	
January	101
February	101
March	148
April	183
May	157
June	180
July	154
August	159
September	158
October	167
November	178
December	154
Total	1840

2016 Beneficiaries	
January	106
February	109
March	114
April	156
May	145
June	148
July	132
August	143
September	152
October	172
November	130
December	126
Total	1633
2018 Beneficiaries	
January	142
February	114
March	213
April	211
May	203
June	151
July	201
August	205
September	200
October	264
November	238
December	225
Total	2367

ATTESTED

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Mangalore-575 018, Karnataka

Dr. SALLY MARY ABRAHAM
Reg. No. 22432
Professor & HOD, Obstetrics & Gynaecology
Yenepoya Medical College

30/6/2020

2019 Beneficiaries	
January	240
February	194
March	267
April	289
May	252
June	270
July	217
August	242
September	270
October	310
November	268
December	239
Total	3058

2020 Beneficiaries	
January	210
February	219
March	231
April	166
May	224
June	211
Total	1261

Please Note : The Yen Cradle Kits were temporarily stopped between July 2020 and December 2020.

Dr. SALLY MARY ABRAHAM
Professor of PPD - Obstetrics & Gynaecology
Yenepoya Medical College
30/6/2020

ATTESTED


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Psychiatry helpline and Wellness centre (Yencourage)

ATTESTED



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YENEPOYA

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PSYCHIATRY HELPLINE REPORT

An initiative by Department of Psychiatry, Yenepoya Medical College, Mangaluru to reach out to people in psychological distress, suicidal intention and substance abuse, was started in March 2018. It was inaugurated by Shri. K Bhaskar Moily, the Mayor of Mangalore city by giving the first call. It has been running successfully for over two years now. Helpline number 9108919025 can be accessed 24x7 hours from anywhere and this is the first facility of its kind in Mangalore. On an average we get 5 - 7 calls in a week. Students and staffs of the campus have also availed this facility and benefitted.

PSYCHIATRY Helpline

COMPLETED 500 Days

24/7 Hours

Call: 9108919025

- Help for people in Psychological Distress
- Suicide helpline
- Narcotics & Substance Abuse Helpline

For Consultation Contact:
PSYCHIATRY DEPARTMENT
Yenepoya Medical College Hospital, Deralakatte, Mangaluru - 575 018

ATTESTED

Dr. Gangadhara Somayaji K.S.
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Helpline display board

Professor & Head
Department of Psychiatry
Yenepoya Medical College
575 018



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Yenepoya Wellness, Counselling, Day Care and Rehabilitation Centre

YENCOURAGE

(Initiative by: Dept of Psychiatry, Yenepoya Medical College, Mangalore)

- Day care services with food
- Rehabilitation and long stay facility
- De-addiction services
- Psychiatry and Psychology consultation
- Counselling and Therapy
- Psychological assessments
- Computer assisted training programs



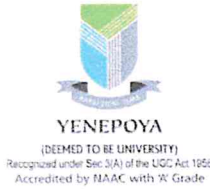
Fourth floor, Yenepoya Nursing Home, Kankanady By-pass road,
Opp Cochin Bakery, Mangalore – 575002
Email: psyc@yenepoya.edu.in
☎ 0824 - 4260155
24 x 7 Psychiatry Helpline: 9108 91 9025

YENCOURAGE Pamplet

ATTESTED

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Mangalore-575 018, Karnataka

Professor & Head
Department of Psychiatry
Yenepoya Medical College




Yenepoya Wellness, Counselling, Day care & Rehabilitation Centre Inauguration
YENCOURAGE REPORT


Yenepoya Wellness, Counselling, Day care and Rehabilitation Centre – **YENCOURAGE** inauguration was held on 26th June 2019 Wednesday, 9.30 am at Yenepoya Nursing Home building, Kankanady, Mangalore. The day is also celebrated as International day against drug abuse and illicit trafficking. The ribbon cutting of the new centre was conducted by Dr P V Bhandary, Director of AV Baliga Hospital, Udupi in the presence of Mr Abdulla Kunhi, Chancellor Yenepoya (deemed to be) University & Mr Farhaad Yenepoya. Dr Anil Kakunje, Head, Department of Psychiatry welcomed all the guests and invitees. Dr PV Bhandary spoke on his experiences dealing with persons with substance abuse. Mr Yenepoya Abdulla Kunhi highlighted the need for such a facility in Mangalore. Dr M Vijayakumar, Vice-Chancellor of Yenepoya (deemed to be) University mentioned about the need for rehabilitation in Psychiatry. Dr Raghuveer Pro-Vice Chancellor appreciated the efforts of the department in setting up the centre. The facility has day care services with food where patients will be given vocational training and they spend time in activities of their interest. Fun activities, music, games, exercise, computer assisted training programs are available. Patients of any age can avail the facility. The centre is professionally managed with a team of professionals involving Psychiatrists, Psychologist, Counsellors and Rehabilitation specialist for Out-patient and In-patient consultations. Long stay facility is available for chronic psychiatric disorders and de-addiction.

It has facilities for –

- **Daycare services with food**
- **Rehabilitation & long stay facility**
- **Deaddiction services**
- **Psychiatry & Psychologists consultation**
- **Counselling and Therapy services**
- **Psychological assessments**
- **Computer assisted training programs**

ATTESTED


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Professor & Head
Department of Psychiatry
Yenepoya Medical College



YENCOURAGE inauguration by Dr. P V Bhandary



YENCOURAGE inauguration: Mr Farhaad, Pro-Chancellor Yenepoya Speaking

ATTESTED
[Handwritten Signature]

Dr. Gangadhara Somayaji K.S.
 Registrar
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 University Road, Deralakatte
 Mangalore-575 018, Karnataka

[Handwritten Signature]
Professor & Head
 Department of Psychiatry
 Yenepoya Medical College
 Mangalore-575 018



Department of Psychiatry
Group photo taken during YENCOURAGE inauguration

ATTESTED

Dr. Gangadhara Somayaji K.S.
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University Road, Deralakatte
Mangalore-575 018, Karnataka

10/8/2019
Professor & Head
Department of Psychiatry
Yenepoya Medical College
Deralakatte, Mangaluru-575018

Geotagged Photographs

7.1.1 Psychiatry 24x7 Helpline number



Helpline display board in Kankanady

7.1.1 Wellness centre 1



YENCOURAGE Consultation rooms

ATTESTED

Dr.Gangadhara Somayaji K.S.
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Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

15/8/2019
Professor & Head
Department of Psychiatry
Yenepoya Medical College

7.1.1 Wellness centre 2



YENCOURAGE Seminar hall

7.1.1 Wellness centre 3



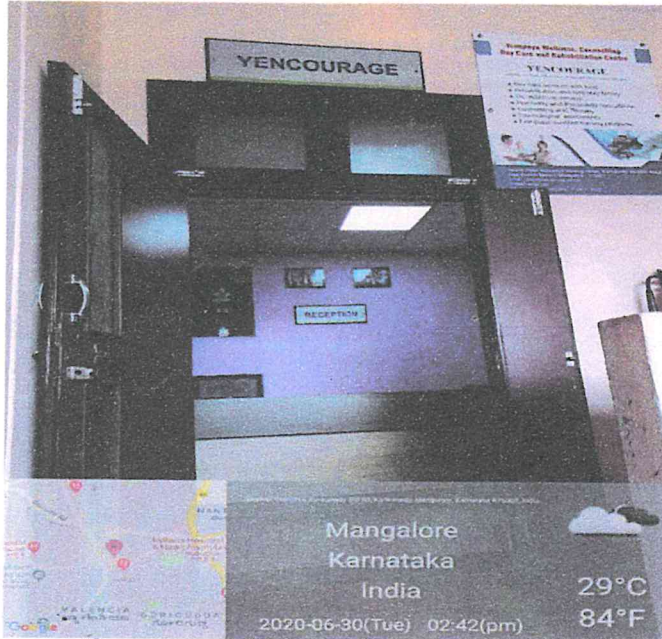
YENCOURAGE Seminar hall

ATTESTED

Dr.Gangadhara Somayaji K.S.
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Mangalore-575 018, Karnataka

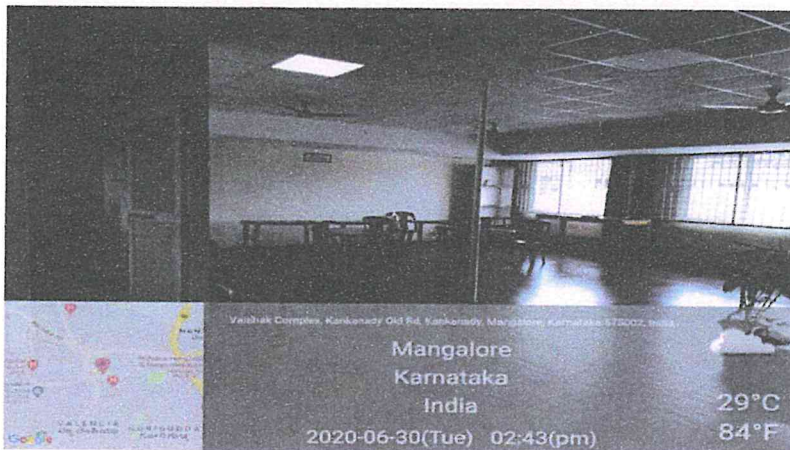
10/6/2019
Professor & Head
Department of Psychiatry

7.1.1 Wellness centre 4



YENCOURAGE Reception

7.1.1 Wellness centre 5

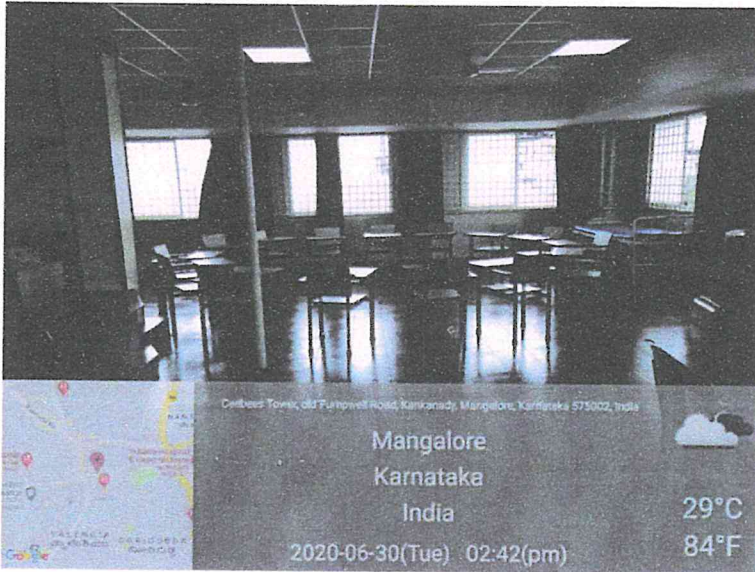


YENCOURAGE Activity area

U.S.
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

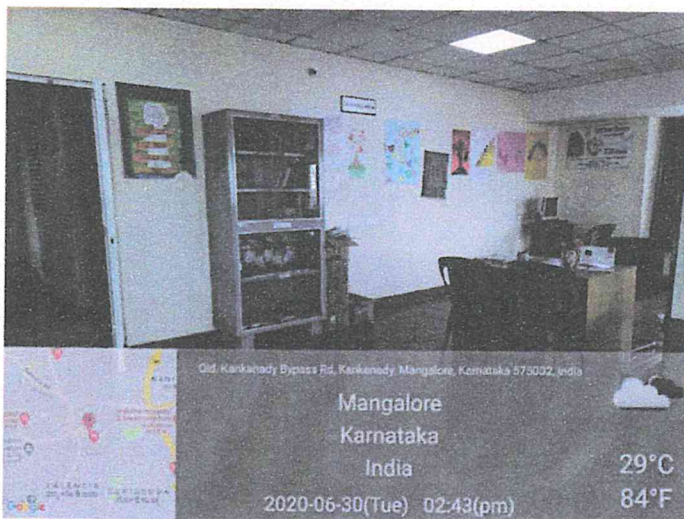
[Signature]
10/8/2019
Professor & Head
Department of Psychiatry
Yenepoya Medical College

7.1.1 Wellness centre 6



YENCOURAGE Group activity area

7.1.1 Wellness centre 7



YENCOURAGE Library

ATTESTED

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Mangalore-575 018, Karnataka

Professor & Head
Department of Psychiatry
Yenepoya Medical College
Deralakatte, Mangaluru-575018

Self defence training sessions

ATTESTED



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Registrar
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University Road, Deralakatte
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 **ATTESTED**

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YENEPOYA

(DEEMED TO BE UNIVERSITY)


Recognized under Sec 3(A) of the UGC Act 1956

Accredited by NAAC with 'A' Grade

Organized by

**Internal Compliance Committee
Yenepoya Nursing College, Yenepoya (Deemed to be
University) Deralakatte, Mangalore- 575018
Karnataka, India**

ATTESTED


**Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka**


**Principal/Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018**

September 2019- January 2020

**YENEPOYA NURSING COLLEGE
REPORT ON SELF DEFENSE TECHNIQUE SESSIONS**

The Internal Compliance Committee of Yenepoya [deemed to be university] under the aegis of sexual Harassment of women at workplace [Prevention, Prohibition and Redressal] Act,2 is organized self-defence technique session with main objective to improve self-esteem, self-confidence and self-discipline and to protect self from unconditional events among females/Women. The students of Yenepoya Nursing College started with self-defence technique session in the month of September 2019 on every Wednesday between 5pm to 7pm by Mr.Mohammed Nadeem chief Instructor of Shorin -Rye Karate Association ,Moodbidri and his team. Each batch of students underwent 8 classes in a session. During September 2019 to January 2020 two batches of nursing students of Yenepoya Nursing college underwent training.

BATCH	DATE	No. Students attended
I B.Sc Nursing-2019BATCH	18/9/2019-6-13/11/2019	50
I B.Sc Nursing-2019BATCH	20/11/2019-15/01/2020	50

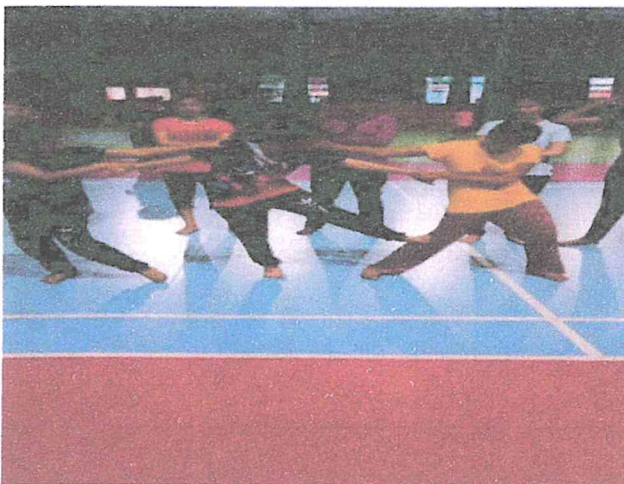


Figure 1. Practical Session



Figure 2. group training session

Beed
16/1/2020

Internal compliance committee/member

ATTESTED

be

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

Principal
Yenepoya Nursing College
Mangalore-575018

Ref: No. Y/REG/ACA/Nursing/2019

05.08.2019

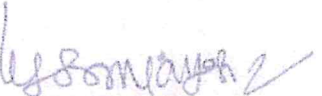
Dr. Leena K C
Chairperson
Internal Complaints Committee

Sub: Self Defense Techniques for VII Batch

Ref: Your Letter dated 03.08.2019

Permission is granted to organize 7th batch of Self Defense Technique programme for female students of the Constituent Colleges of Yenepoya (Deemed to be University) from 18th September 2019 on Wednesdays between 05.00 pm to 07.00 pm at Yendurance Zone


We have already communicated to the Deans of the Constituent Colleges and copy of the same is enclosed herewith for your information.

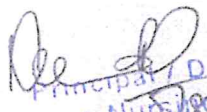

REGISTRAR 6/8

Copy to:

1. Yendurance Zone Incharge
2. Finance Officer
3. Academic Section

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018, Karnataka


Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018



YENEPOYA

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Recognized under Sec 3(A) of the UGC Act 1956


Accredited by NAAC with 'A' Grade

Organized by

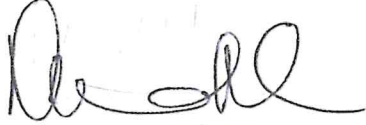
Internal Compliance Committee

**Yenepoya Nursing College, Yenepoya (Deemed to be
University) Deralakatte, Mangalore- 575018
Karnataka, India**

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

19/08/2018 to 19/12/2018


Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018


**INTERNAL COMPLIANCE COMMITTEE
VI SESSION- REPORT (19/08/2018 to 19/12/2018)**

Internal Compliance Committee of Yenepoya University under the aegis of sexual Harassment of women at workplace (prevention, Prohibition and Redressal) Act, 2013 organized self defense technique session for VI batch from 19.08.2018 TO 19.12.2018 for the female students of constituent colleges of Yenepoya University. The classes were started with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women. The classes were held on every Wednesday 5pm to 7pm at Yendurance zone, Yenepoya University. Total 68 students of I B Sc Nursing 2018 batch attended the session. The batch has undergone 8 classes and among 68 students 21 students shown interest to continue with the classes.



Figure 1. Practical Sessions


CHAIRPERSON/ MEMBER
INTERNAL COMPLIANCE COMMITTEE
YENEPOYA UNIVERSITY


DEAN/ PRINCIPAL
YENEPOYA NURSING COLLEGE
YENEPOYA UNIVERSITY
Mangalore-575018

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
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②



YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec.3(A) of the UGC Act 1956
Accredited by NAAC with 'A' Grade

Office of the Registrar
University Road
Deralakatte, Mangalore – 575 018
Ph: 0824 – 2204667/68/69/70/71
Fax: 0824 - 2203943

Ref: No. Y/REG/ACA/Nursing/2018

29.08.2018

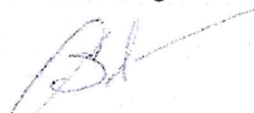
Dr. Leena K C
Chairperson
Internal Complaints Committee

Sub: Self Defense Techniques for VI Batch

Ref: Your Letter dated 23.08.2018


Permission is granted to organize 6th batch of Self Defense Technique programme for female students of the Constituent Collèges of Yenepoya (Deemed to be University) from 19th September 2018 on Wednesdays between 05.00 pm to 07.00 pm at Yendurance Zone

We have already communicated to the Deans of the Constituent Colleges and copy of the same is enclosed herewith for your information.


(Dr. G. Shreekumar Menon)
Registrar

Copy to:

1. Yendurance Zone Incharge
2. Finance Officer
3. Academic Section


29/8/18
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka



**YENEPOYA
UNIVERSITY**

(Recognized under sec 3(A) of the UGC Act, 1956)
Accredited by NAAC with "A" Grade

Report on Self Defense Technique Sessions

Organized by

Internal Compliance Committee

Yenepoya Nursing College

Yenepoya University

Deralakatte, Mangalore- 575018

Karnataka, India

04/10/2017 to 06/12/2017

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

**INTERNAL COMPLIANCE COMMITTEE
REPORT (04/10/2017 to 6/12/2017)**

Internal Compliance Committee of Yenepoya University under the aegis of sexual Harassment of women at workplace (prevention, Prohibition and Redressal) Act, 2013 organized self defense technique session for V batch from 04/10/2017 to 6/12/2017 for the female students of constituent colleges of Yenepoya University. The classes were started with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women. The classes were held on every Wednesday 5pm to 7pm at Yendurance zone, Yenepoya University. Total 78 students of I B Sc Nursing 2017 batch attended the session. The batch has undergone 8 classes and among 78 students 21 students shown interest to continue with the classes.



Figure 1. Orientation session



Figure 2. Practical Session

[Signature]
6.12/17
**CHAIRPERSON/ MEMBER
INTERNAL COMPLIANCE COMMITTEE
YENEPOYA UNIVERSITY**

[Signature]
**DEAN/ PRINCIPAL / Dean
YENEPOYA NURSING COLLEGE
YENEPOYA UNIVERSITY**
Yenepoya Nursing College
Deralakatte
Mangalore-575018

ATTESTED

[Signature]
**Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka**



YENEPOYA
UNIVERSITY

4

University Road,
Deralakatte
Mangalore - 575018
Ph: 0824-2204667/68/69/71
Fax: 0824-2203943

Ref: No. YU/REG/ACA/Self Defence Techniques/160/2017

03.10.2017


Chairperson
Internal Complaints Committee

Sub: Self Defence Techniques for students of Yenepoya University

Ref: Letter No. YU/YNC/GEN/193/2017 dated 23.09.2017 from the
Chairperson, Internal Complaints Committee

Permission is granted for your proposal to organize Self Defence Techniques for female students of Constituent Colleges of Yenepoya University on every week on Wednesday from 05.00 pm to 07.00 pm at Yendurance Zone


You are requested to maintain cleanliness and decorum at the Yendurance Zone during the session.


(Dr. G. Shreekumar Menon)
REGISTRAR

Copy to:

1. The Principal, YMC/YDC/YPC/YPCRC
2. Yenedurance Zone I/C
3. Academic Section

ATTESTED


Dr. Gangadhar Sornayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018, Karnataka

Ms. Nithyashree to be informed.
Date 21.
6/10/17



Report on Self Defense Technique Sessions

Organized by

Internal Compliance Committee
Yenepoya Nursing College
Yenepoya University
Deralakatte, Mangalore- 575018
Karnataka, India

ATTESTED




Dr.Gangadhara Somayaji K.S.
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REPORT ON SELF DEFENSE TECHNIQUE SESSIONS- 2015-2017

The Internal compliance Committee of Yenepoya University under the aegis of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 is organizing self defense technique sessions for the female students/ women employees of Yenepoya University with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women. The students of Yenepoya Nursing College started with the self defense technique sessions in the month of September 2015 on every Wednesday between 5pm and 7pm by Mr. Mohammed Nadeem Chief Instructor of Shorin-Ryu Karate Association, Moodbidri and his team. Each batch of students underwent 8 classes in a session. During September 2015 to November 2017 five batches of nursing students of Yenepoya Nursing Collge underwent training. The details are mentioned below. Apart from sessions regular classes were arranged for those students who were interested to continue with the classes. Ms. Aswathy of 2013 batch B Sc Nursing student appeared for black belt exam and received black belt and certificate on 25/11/2017.

Batch	Date	No of students
I. B.Sc Nursing - 2013 batch P B B Sc Nursing - 2014 batch	12/10/2015 to 02/12/2015	60
II. B.Sc Nursing -2014 batch	13.01.2016 to 10.03.2016	95
III. B Sc Nursing -2015 batch	06/04/2016 to 04/05/2016	96
IV. B Sc Nursing -2016 batch	17/08/16 to 09/11/2016	89
V. B Sc Nursing -2017 batch	4/10/2017 (ongoing)	78

(Photos enclosed)


Dean/Principal
Yenepoya Nursing College
Mangalore
Yenepoya University


ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
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Figure 1. Group photos 2015



Figure 2. Practical Session 2015



Figure 3 Practical session 2016



Figure 4. Group Photos 2016




Figure 5. Group Photo 2017



Figure 6. Practical session 2017

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University Road, Deralakatte
Mangalore-575 018, Karnataka


Principal/Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018³

Black belt exam conducted on 25/11/2017 between 1.30pm and 3.30 pm

Student name: Ms. Aswathy T P

Class: IV B Sc Nursing

Batch: 2013

College: Yenepoya Nursing College, Yenepoya University.



Figure 1. Black belt Training




Figure 2. Honoring Certificate

ATTESTED


Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

Principal/Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018
30/11/17

Sl.No.	Information	Yes/No	Details (if any)																												
1.	Introduction of Self-defense programmes for women studies	Yes	<p>The Internal compliance Committee of Yenepoya University under the aegis of Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 is organizing self defense technique sessions for the female students/ women employees of Yenepoya University with the main objective to improve self esteem, self confidence, and self discipline and to protect self from unconditional events among females/women.</p> <p>Year of start : 2015</p> <p>Mr. Mohammed Nadeem Chief Instructor of Shorin-Ryu Karate Association, Moodbidri, is the instructor.</p> <table border="1"> <thead> <tr> <th>Batch</th> <th>Date</th> <th>No of students</th> </tr> </thead> <tbody> <tr> <td>B.Sc Nursing - 2013 batch</td> <td>12/10/2015</td> <td rowspan="2">60</td> </tr> <tr> <td>To P B B Sc Nursing - 2014 batch</td> <td>02/12/2015</td> </tr> <tr> <td>B.Sc Nursing -2014 batch</td> <td>13.01.2016</td> <td rowspan="2">95</td> </tr> <tr> <td>To</td> <td>10.03.2016</td> </tr> <tr> <td>B Sc Nursing -2015 batch</td> <td>06/04/2016</td> <td rowspan="2">96</td> </tr> <tr> <td>To</td> <td>04/05/2016</td> </tr> <tr> <td>B Sc Nursing -2016 batch</td> <td>17/08/16</td> <td rowspan="2">89</td> </tr> <tr> <td>To</td> <td>09/11/2016</td> </tr> <tr> <td>B Sc Nursing -2017 batch</td> <td>4/10/2017</td> <td rowspan="2">78</td> </tr> <tr> <td>To</td> <td>06/12/2017</td> </tr> </tbody> </table> <p>Ms. Aswathy of 2013 batch B Sc Nursing student appeared for black belt exam and received black belt and certificate on 25/11/2017.</p>	Batch	Date	No of students	B.Sc Nursing - 2013 batch	12/10/2015	60	To P B B Sc Nursing - 2014 batch	02/12/2015	B.Sc Nursing -2014 batch	13.01.2016	95	To	10.03.2016	B Sc Nursing -2015 batch	06/04/2016	96	To	04/05/2016	B Sc Nursing -2016 batch	17/08/16	89	To	09/11/2016	B Sc Nursing -2017 batch	4/10/2017	78	To	06/12/2017
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PRINCIPAL
 Principal, Dean
 Yenepoya Nursing College
 Deralakatte
 Mangalore-575018

ATTESTED


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 Mangalore-575018, Karnataka



No. YU/REG/ACA/YNC/885/2015

University Road
Deralakatte
Mangalore - 575018
Ph: 0824-2204667/68/69/71
Fax: 0824-2203943

09.09.2015

The Principal
Yenepoya Nursing College

Sub: Self Defense Techniques for female students of YU

Ref: Your Letter No. YU/YNC/GEN/173/2015 dated 31.08.2015

Permission is hereby accorded to your proposal to organize a session on Self Defense Techniques for female students of the constituent colleges of the University. The classes shall be conducted by Mr. Mohammed Nadeem, Chief Instructor of Shorin - Ryu Karate Association, Moodbidri on Tuesday and Wednesday every week between 6.00 pm to 7.30 pm for 2 months duration. The session will be conducted in group of 60 students.

Remuneration @ Rs.10,000/- pm shall be paid to the Instructor.


Copy to:

2. The Principal, YDC/YMC/YPC
3. Finance Officer
4. Academic Section


REGISTRAR

ATTESTED


Dr. Gangadurga Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018, Karnataka


Principal / Registrar
Yenepoya Nursing College
Deralakatte
Mangalore-575018



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Ph: 0824-204667/68/69/71
Fax: 0824-2203943

Ref: No. YU/REG/ACA/Self .D/2016

16.03.2016

The Principal
Yenepoya Nursing College

Sub: Self Defense Technique for students of Yenepoya University.

Ref: Your letter No. YU/YNC/GEN/66/2016 dated 15.03.2016


Permission is granted for organizing session on Self Defense Technique for female students of the Constitute College of Yenepoya University on every Wednesday between 5 p.m and 7.00 p.m from 6th of April, 2016 at Yendurance Zone. A group shall consist of students upto a maximum of 100.

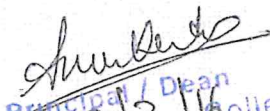

REGISTRAR

Copy to:

1. The Principal, YMC/YDC/YPC
2. Director, Physical Education
3. Yendurance Zone I/C
4. Finance Officer
5. Academic Section

ATTESTED


Dr. Ganga Datta Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018, Karnataka


Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore - 575 018

Programs on Nutritional Status related to Women

ATTESTED



Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018, Karnataka

CONTENTS

Sl.No	Particulars	Page Number
a.	Details of PMSMA (Pretesting Maternal Nutrition Package under Pradhan Mantri Surakshit Mathritva Abhiyan) Course	37
b.	Details of NAT(Nutritional Assessment Techniques) Course	42
c.	Course for Interns on Maternal Nutrition	53

ATTESTED


Dr.Gangadhara Somayaji K.S.
Registrar
Yencpoya(Deemed to be University)
University Road, Doralakatte
Mangalore- 575 018, Karnataka

**a. Details of PMSMA (Pretesting
Maternal Nutrition Package under Pradhan
Mantri Surakshit Mathritva Abhiyan)
Course**

ATTSTED



Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018, Karnataka

unicef | for every child

original given to Dr. Mathuri &
on copy sent by Speed post to
unicef office on 8/9/18.

United Nations Children's Fund | UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana
317/A, MLA Colony, Road No. 12, Banjara Hills, Hyderabad, Telangana - 500 034 India
Telephone: 040 23477200, 23540-712, 722, 744, 209 | Facsimile: 040 23555156 | hyderabad@unicef.org | <http://unicef.in/Andhra-Pradesh>

SSFA Reference: SSFA/2018/03

29 August 2018

Dr. M. Vijaya Kumar
Vice Chancellor
Yenepoya University
University Road
Deralakatte
Mangalore 575018
Karnataka

Dear Dr. Vijaya Kumar,

Small Scale Funding Agreement on "Pretesting Maternal Nutrition Package under Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)"

1. I am writing on behalf of the United Nations Children's Fund ("UNICEF") to confirm UNICEF's agreement to make available cash assistance to Yenepoya University an amount not exceeding INR 123,600 (Indian Rupees One Lakh Twenty Three Thousand and Six Hundred Only) and supplies as outlined in the Terms of Reference (the "Resources"). The Resources are to strengthen the Organization's capacity to implement the activity (the "Activity") detailed in the Terms of Reference attached to this letter agreement as Annex I. The Resources are governed by this letter agreement, the Terms of Reference attached as Annex I, and the General Conditions that Conditions that are found on the public internet at http://www.unicef.org/about/partnerships/files/General_Terms_and_Conditions.docx (hereinafter "Small-Scale Funding Agreement" or "SSFA").
2. **Transfer of Resources.** UNICEF will transfer the amount of the cash assistance as soon as possible after it receives a copy of this SSFA signed by both Parties and the FACE form as per terms agreed in the Terms of Reference. The Implementing Partner understands that the amount of the cash assistance will not be increased by UNICEF under any circumstances, including in cases of currency fluctuations or price increase. UNICEF will transfer the cash assistance to organisation by wire transfer to the following bank account:
Bank name: Vijaya Bank
Bank address: Light House Hill Road, Mangalore
Account title: Yenepoya University
Account No.: 113200301000314
Account-Currency: Indian Rupees (INR)
Routing No.: IFSC Code VJIB0001132
Bank contact person: Branch Manager
3. Subject to availability, UNICEF will transfer any supplies as outlined in the Terms of Reference. The Implementing Partner will become owner of the supplies when it receives them. If UNICEF agrees to store the supplies for the Implementing Partner or hold them on the Partner's behalf, the Implementing Partner will become owner of those supplies as agreed between UNICEF and the Implementing Partner. Exceptionally, UNICEF may decide in writing that UNICEF shall remain the owner of the supplies transferred to the Implementing Partner.
4. **Implementation and Monitoring of the Activity.** Implementing Partner will implement the Activity in conformity with the terms of this SSFA, in particular, Implementing Partner will: (a) undertake the Activity in accordance with the budget, schedule and other details set out in the Terms of Reference; (b) make any designated contribution listed in the Terms of Reference; (c) undertake the Activity with diligence and efficiency; (d) procure any goods or services using the Funding with due consideration to "best value for money" and in agreement with UNICEF; (e) exercise the

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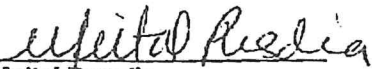
Dr. Gangadhar Somayaji K.S.
Registrar
(Yenepoya Deemed to be University)
University Road, Deralakatte
Mangalore 575018, Karnataka

highest standard of care when administering the Resources. UNICEF will monitor the implementation of the Activity, in accordance with UNICEF's standard procedures for monitoring and evaluating activities and funds. Implementing Partner will provide full cooperation to UNICEF for such monitoring and evaluation, and will require to its employees and personnel to fully cooperate with UNICEF in connection with such monitoring and evaluation.

5. Managing the Resources. Implementing Partner will maintain clear, accurate, complete and up-to-date books and records showing the funds received from UNICEF under this SSFA, as well as disbursements made by the Implementing Partner, including any unspent balance. Implementing Partner will cooperate with UNICEF with any review of the way the cash assistance was administered and spent and how supplies were stored and utilized, and will require its employees and personnel to fully cooperate with UNICEF with such a review.
6. Reports; Returning Unspent Balance. Implementing Partner will provide UNICEF with reports, and frequency of such reporting will be done, in accordance with the requirements in the Terms of Reference. Implementing Partner will return to UNICEF any unspent balance of the cash assistance at the expiration or early termination of this SSFA.
7. Other Matters. This SSFA becomes effective when UNICEF receives a copy duly signed by both parties. It will be valid until the end date detailed in Annex I. If the Parties have disagreements about the project or the implementation of this SSFA, they will use their best efforts to settle those disagreements amicably. If a disagreement cannot be settled amicably it will be decided finally by the UNICEF Regional Director of South Asia (ROSA) and the Organisation will respect and implement that decision. UNICEF's privileges and immunities are not waived.
8. Please confirm your agreement with the foregoing, on behalf of Organisation, by signing, dating, and returning to us the enclosed copy of this Letter Agreement.


Yours sincerely,

United Nations Children's Fund

By 
Meital Rusdia
Chief of Field Office
UNICEF Field Office for Andhra Pradesh, Kamataka and Telangana

Date: 29.08.2018

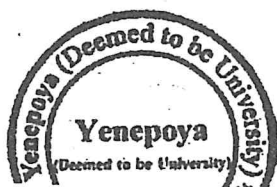
Agreed on behalf of Yenepoya University,

By 
Dr. M. Vijaya Kumar
Vice Chancellor
Yenepoya University

Date: 08.09.2018

ATTESTED


Dr. Gangadhara Somayaji K.S.
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Mangalore-575 018, Karnataka



**ANNEX-1
TERMS OF REFERENCE**

Start date:	1 September 2018	End date:	31 December 2018
Title and purpose of the partnership			
<p>Title of the collaboration: Pretesting Maternal Nutrition Package under Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA).</p> <p>Brief description of the collaboration: As per NFHS-4, Karnataka is among the states in India with ANC rates around 82%, which is much more progressive than the national average. However within ANC some indicators like Consumption of IFA for atleast 100 days by pregnant women, identification of women at nutritional risk during pregnancy and counselling services are still at sub optimal levels. The Maternal Nutrition Package under PMSMA is a comprehensive compilation of essential maternal nutrition services to be provided to women during pregnancy utilizing various platforms at community and facility level. The present collaboration with Yenepoya Medical College, Mangalore will be to support pretest of the package at three different levels- Tertiary level (Medical College, ANC Clinic), Secondary level (2 PHCs in Mangalore District- Kurnad & Boliyard) and Primary level (VHND points, Rural Health Training Center, an outreach of Dept of Community Medicine and Mathrupoorna Sites).</p>			
Expected results			
<p>Country Programme Output: By 2022, government and partners have enhanced capacities to generate demand for positive practices that improve the nutritional status of children, adolescents and women.</p>		<p>Country Programme Indicator: The overall percentage of eligible pregnant women who received at least 100 IFA tablets under MoH antenatal contact point; The number of states with no IFA (red IFA) supply stock-out in supply stock-out in last six months</p>	
<p>Expected Results : Comprehensive Maternal Nutrition Package of services are implemented and practices in identified sites in Mangalore district. The functionaries (ANMs and staff nurses) have improved capacities to deliver the package at respective facility and community levels.</p>			
Specific Implementation Arrangements or Conditions			
<p>Any data produced through this evaluation would belong to the State of Karnataka. Any sharing or publication of data produced outside the project team would need to be cleared by the office of the Commissioner of Health and Family Welfare.</p>			

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Budget		
Name/description of activity	UNICEF cash contribution (INR)	
Activity 1: Pretesting of Comprehensive Maternal Nutrition Package in three sites of Karnataka	115,600	
Operations costs	8,000	
Total Cash Contribution (INR)	1,23,600	
Additional resources contributed by UNICEF		
Supplies	Units	Total values in [INR]
Adult MUAC Tapes	100	1000
Other inputs		
Technical assistance would be provided by UNICEF Nutrition Specialist and UNICEF supported Consultants in Health.		
Contribution of the Partner (optional)		
Office infrastructure and facilities will be provided by the Implementing partner.		
Monitoring and Reporting		
FACE form	Upon signing of agreement	
Performance reporting	Programme Progress Monthly Reports and Final Report	
Other reporting, if applicable	Financial reporting at end of project	
Partner focal point	Dr Madhavi Bhargava, Assistant Professor, Dept of Community Medicine, Yenepoya Medical College. Deputy Head, Center for Nutrition Studies, Yenepoya (Deemed to be University) E-mail : madhavibhargava4@gmail.com	
UNICEF focal point	Dr. Khyati Tiwari, Nutrition Specialist, UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana, ktiwari@unicef.org	

ATTESTED


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b. Details of NAT(Nutritional Assessment Techniques) Course

ATTESTED



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Center for Nutrition Studies

Yenepoya (Deemed to be University),
Recognized under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A' Grade

University Road, Deralakatte, Mangaluru - 575 018
Ph.: 2204668 | Fax : 0824-2204664 | Email : cns@yenepoya.edu.in



Report of Short Course on 'Nutritional Assessment Techniques'

A 4- day short course on nutritional assessment techniques was organized by the Center for Nutrition Studies with support from UNICEF (GRANT REFERENCE NO: SSFA/2019/07). There were a total of 12 resource persons with eight of them from leading national and international institutions. These included National Institute of Nutrition, Hyderabad, St John's Research Institute, Bangalore, National Centre for Excellence and Advanced Research in Diets (NCEARD) and AIIMS in New Delhi, National Institute of Health and Welfare and University of Tampere in Finland.

The inaugural function of the course was presided over by Mr Farhaad Yenepoya, Hon'ble Pro-Chancellor, Yenepoya (Deemed to be University) in the presence of Prof. CV Raghuvver, Pro Vice Chancellor of Yenepoya (Deemed to be University), Dr Khyati Tiwari, Nutrition Specialist, UNICEF, Dr Suvi Virtanen from National Institute of Health and Welfare and University of Tampere and Dr Anurag Bhargava, Head, Center for Nutrition Studies.

Thirty-two participants were trained over 4 days in this course at Lecture Hall, EMD building. The participants comprised of nutritionists from Mangalore, Mysore, Chennai, Manipal, Hyderabad, public health specialists from medical colleges in Mangalore, Mumbai, Davangere; programme officers from the Tata Trusts, representatives of voluntary organisations based in Odisha and Telangana, doctoral students, nursing faculty, UNICEF and NCEARD consultants.

The topics covered included theory and practical sessions on various methods of dietary assessments, basic and advanced anthropometry and body composition, maternal nutrition, physical activity and functional assessment. There were lectures on dietary policy at population level, recommendations on dietary intakes and biomarkers in nutrition.

COURSE FACULTY

Anura Kurpad	St John's Research Institute, Division of Nutrition, Bangalore
Anurag Bhargava	Center for Nutrition Studies and Yenepoya Medical College
Madhavi Bhargava	Center for Nutrition Studies and Yenepoya Medical College
Mansi Chopra	National Center for Excellence and Advanced Research in Diet, New Delhi
Prashath T	St John's Research Institute, Division of Nutrition, Bangalore
Raja Mamidi	National Institute of Nutrition, Hyderabad
Rebecca Raj	St John's Research Institute, Division of Nutrition, Bangalore
Sivakumar	Yenepoya Physiotherapy College
Sumathi Swaminathan	St John's Research Institute, Division of Nutrition, Bangalore
Suvi Virtanen	National Institute of Health and Welfare & University of Tampere, Finland
Tarja Kinnunen	University of Tampere, Finland
Vina Pais	Yenepoya Physiotherapy College

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PROFILE OF COURSE PARTICIPANTS

1.	Dr Abdul Jaleel	National Center for Excellence and Advanced Research in Diets (NCEARD), Consultant, New Delhi
2.	Dr Pallavi Gupta	NCEARD, Consultant, New Delhi
3.	Ms Tashi Choedon	NCEARD, Consultant, New Delhi
4.	Ms Naman Kaur	NCEARD, Consultant, New Delhi
5.	Ms Priyanshu Rastogi	NCEARD, Consultant, New Delhi
6.	Dr Arpita Jain	Gandhi Medical College, Bhopal
7.	Dr Sandhya Rani Javalkar	JJ Medical College, Davangere
8.	Dr.Shubha Davalgi Bakkappa	JJ Medical.College, Davangere
9.	Mrs Pallavi Shettigar	Faculty, WGSMA, MAHE
10.	Mrs Swathi Acharya	Faculty, WGSMA, MAHE
11.	Dr Narasimha Rao	UNICEF, Hyderabad
12.	Ms Ruchi Sareen	UNICEF, Hyderabad
13.	Dr Vishwanath	UNICEF, Bangalore
14.	Dr Anuradha Mohapatra	Seth GS MC & KEM Hospital, Mumbai
15.	Poulomi Chatterjee	Yenepoya Medical College
16.	Dr Randall Sequera	Kalahandi, Orissa
17.	Dr Leena KC	Yenepoya Nursing College
18.	Shycil Mathew	Yenepoya Nursing College
19.	Gauri Vaze	United Way, Hyderabad
20.	Angelene Cynthia Rani	Tamil Nadu Govt Multi Super Specialty Hospital
21.	Abid Ahmed G	UNICEF, Karnataka
22.	Dr Khyati Tiwari	Nutrition Specialist, UNICEF, Hyderabad
23.	Puneetha P	University of Mysore
24.	Akshatha Thantry	University of Mysore
25.	Binod Das	Tata Trusts, Mumbai
26.	Govinda Madhab Murari	Tata Trusts, Mumbai
27.	Anchal Purbey	UNICEF, New Delhi
28.	Dr Avinash Kumar	KMC Mangalore
29.	Monica Kothari	TAG-VHS Endocrinology and Diabetes Centre
30.	Harshitha Raja	Center for Nutrition Studies, Yenepoya
31.	Dr Sandip Ghosh	UNICEF, Hyderabad
32.	Dr Rohin	KSHEMA, Mangalore

The course fee was 1500 INR and included shared accommodation and all meals and snacks during the course.

The course was highly appreciated by the participants with average scores of 4.5/5 on the course organization and content.

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The Course Schedule was as follows:


DAY 1: 27 th May, 2019				
Time	Mode	Topic	Duration	Faculty
9:00 AM		Introduction	15 minutes	Madhavi Bhargava
9:15 - 10:00 AM	Lecture	Maternal and Child Nutrition	45 minutes	Suvi Virtanen
10:00 - 10:30 AM	Inaugural function			
Dietary assessment:				
10:30 - 11:15 AM	Lecture	Nutritional intake in Indian population: current status and trends	45 minutes	Raja SriswanMamidi
11:15 - 12:15 AM	Lecture	Diet as an exposure	60 minutes	Tarja Kinnunen
12:15 to 1:00	Lecture	Maternal nutrition in Indian Context	45 minutes	Mansi Chopra
1:00-2:00	Lunch with faculty			
2:00 - 3:30 PM	Lecture	Measurement of food and nutrient intake	90 minutes	Suvi Virtanen & Mansi Chopra
3:30 - 4:15 PM	Instructions	Keeping food diary and 24 hour recall	45 minutes	Tarja Kinnunen & Mansi Chopra
4.30 pm. onwards	Campus tour: Central Kitchen			
7 pm. onwards	Cultural event and dinner			
DAY 2: 28 th May, 2019				
Dietary assessment, Food databases, Nutrient calculation, Food policy				
9:00 - 10:00 AM	Lecture	Food databases used in food and nutrient calculations including IFCT	60 minutes	Suvi Virtanen / Raja Sriswan
10:00 - 11:00 AM	Lecture and demonstration	Indian food databases and nutrient calculation	60 minutes	Gurdeep Kaur
11:00 - 11:30 AM	Lecture	Dietary surveys in India, the NIN experience	30 minutes	Raja Sriswan
11:30 - 1:00 PM	Practical	24 hour recall	90 minutes	Tarja Kinnunen and Mansi Chopra
1:00-2:00	Lunch with faculty			
2:00 - 3:30 PM	Practical	Food frequency questionnaire	90 minutes	Tarja Kinnunen and Mansi Chopra
3:30 - 4:30 PM	Lecture	Food policy: Success stories from Finland	60 minutes	Suvi Virtanen
4.30 -5.30 p.m	Campus tour: Food craft / Yenepoya Research Center			

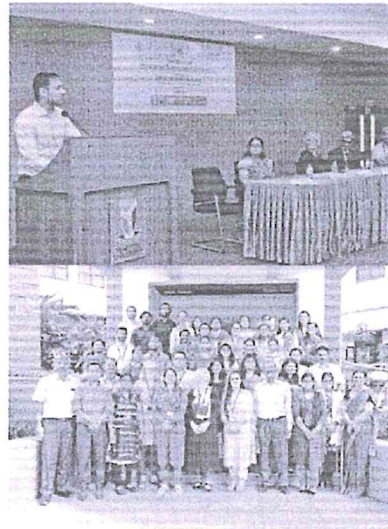
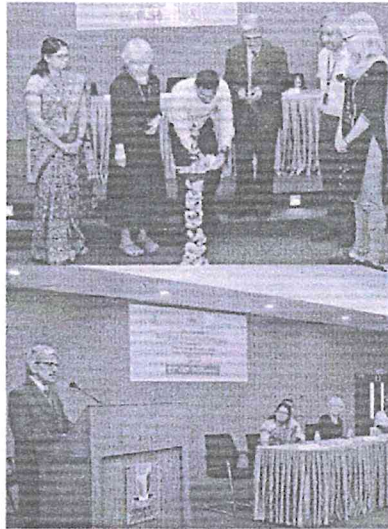
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DAY 3: 29 th May, 2019				
Food diary, Biomarkers, Anthropometric techniques, WHO Anthroplus software				
8.30 - 10:00 AM	Practical	Food diary	90 minutes	Tarja Kinnunen and Mansi Chopra
10.00 - 10.45 AM	Lecture	Biomarkers in nutritional assessment	45 minutes	Prashant
10.45 - 11.30 AM	Lecture	Clinical assessment, basic anthropometry	45 minutes	Anurag Bhargava
11.30 - 12.00 PM	Practical	Anthropometric techniques - 1	30 minutes	Anurag Bhargava, Madhavi Bhargava, Harshita Raja, Rebecca Raj
12.00 - 1.00 PM	Lecture	Anthropometric techniques- Body composition	60 minutes	Rebecca Raj
1:00 - 2:00	Lunch with faculty			
2.00 - 2.45 PM	Practical	Body composition (skin fold, BIA)	45 minutes	Rebecca Raj, Mansi Chopra, Anurag Bhargava
2.45 - 3.30 PM	Lecture	Assessment of physical activity	45 minutes	Sumathi Swaminathan
3.30 - 4.15 PM	Demonstration	Functional assessment including hand-grip dynamometry	45 minutes	Sivakumar, Veena Pais
4.15 - 5.30 pm	Campus Tour: Simulation center and Skills lab			
DAY 4: 30 th May, 2019				
Special Topics:				
9:00-9.45 AM	Lecture	Nutritional assessment of pregnant mothers	45 minutes	Mansi Chopra
9.45 - 10.30 AM	Lecture	Software for nutritional assessment in children and adolescents: WHO Anthro	45 minutes	Raja Sriswan
10.15 - 11:00 AM	Practical	Hands on activity: Anthro software	45 minutes	Raja Sriswan and Madhavi Bhargava
11.15 - 12.00 AM	Lecture	Perspective on Nutritional assessment: BMI and the Asian cut-offs	45 minutes	Anura Kurpad
12.00 - 12.45 AM	Lecture	Nutritional requirements for Indian population: Time for a change	45 minutes	Anura Kurpad
12.45 - 1.15 PM	Feedback from Participants and Valedictory function			

ATTESTED


Dr. Gangadhara Somayaji K.S.
 Registrar
 Yenepoya (Deemed to be University)
 University Road, Derlakatte
 Mangalore-575 018, Karnataka



Photographs of Inaugral function

ABC

02/06/2019

Dr. Anurag Bhargava
Head, Center for Nutrition Studies
Yenepoya (Deemed to be University)
Derlakatte, Mangalore-575018

ATTESTED
[Signature]

Dr. Gangadhara Somayaji K.S.
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unicef for every child

United Nations Children's Fund | UNICEF Field Office for Andhra Pradesh, Karnataka and Telangana
D/7A, M.A. Colony Road No. 42, Banjara Hills, Hyderabad, Telangana - 500 034 India
Telephone: 001 23477240, 23544710, 722, 741, 2354; Facsimile: 001 23555155 | <http://www.unicef.org/andhra-pradesh>

02 May 2019

Dr. M. Vijaykumar
Vice Chancellor
cns@yenapoya.edu.in
Yenapoya (Deemed to be University)
Mangaluru
INDIA

Re: Research and Capacity Building in Nutrition Program through technical documentation on analysis of malnutrition status of adolescents and a short course on 'Nutrition Assessment Techniques'

Dear Dr. M. Vijaykumar:

1. I am writing on behalf of the United Nations Children's Fund ("UNICEF") to confirm UNICEF's agreement to make available cash assistance to Yenapoya (Deemed to be University) (Yenapoya) in an amount not exceeding [Seven Lakhs Twenty-Seven Thousand Six Hundred Only] [Indian Rupees] (INR 7,27,600) and supplies as outlined in the Terms of Reference (the "Resources"). The Resources are to strengthen the Organisation's capacity to implement the activity (the "Activity") detailed in the Terms of Reference attached to this letter agreement as Annex I. The Resources are governed by this letter agreement, the Terms of Reference attached as Annex I, and the General Conditions that are found on the public internet at https://www.unicef.org/about/partnerships/files/SSFA_Terms_n_Conditions.docx (hereinafter "Small-Scale Funding Agreement" or "SSFA").

2. Transfer of Resources. UNICEF will transfer the amount of the cash assistance as soon as possible after it receives a copy of this SSFA signed by both Parties and the FACE form as per terms agreed in the Terms of Reference. The Implementing Partner understands that the amount of the cash assistance will not be increased by UNICEF under any circumstances, including in cases of currency fluctuations or price increase. UNICEF will transfer the cash assistance to Organisation by cheque or wire transfer to the following bank account:

Dr. Gangaiah Somayaji K.S.
Registrar
Yenapoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka


Bank name: VIJAYA BANK
Bank address: Light House Hill Road Mangalury Karnataka
Account title: YENEPOYA UNIVERSITY
Account No.: 113200301000314
Account Currency: INR
Routing No.: VIJB0001132
Bank contact person:

3. Subject to availability, UNICEF will transfer any supplies as outlined in the Terms of Reference. The Implementing Partner will become owner of the supplies when it receives them. If UNICEF agrees to store the supplies for the Implementing Partner or hold them on the Partner's behalf, the Implementing Partner will become owner of those supplies as agreed between UNICEF and the Implementing Partner. Exceptionally, UNICEF may decide in writing that UNICEF shall remain the owner of the supplies transferred to the Implementing Partner.

4. Implementation and Monitoring of the Activity. Implementing Partner will implement the Activity in conformity with the terms of this SSFA, in particular, Implementing Partner will: (a) display the highest standard of conduct in ensuring that the core values of the United Nations, the Conventions on the Rights of the Child, Elimination of All Forms of Discrimination Against Women and Rights of Persons with Disabilities are respected; (b) undertake the Activity in accordance with the budget, schedule and other details set out in the Terms of Reference; (c) make any designated contribution listed in the Terms of Reference; (d) undertake the Activity with diligence and efficiency; (e) procure any goods or services using the Funding with due consideration to "best value for money" and in agreement with UNICEF; (f) exercise the highest standard of care when administering the Resources. UNICEF will monitor the implementation of the Activity, in accordance with UNICEF's standard procedures for monitoring and evaluating activities it funds. Implementing Partner will provide full cooperation to UNICEF for such monitoring and evaluation and will require to its employees and personnel to fully cooperate with UNICEF in connection with such monitoring and evaluation.

5. Managing the Resources. Implementing Partner will maintain clear, accurate, complete and up-to-date books and records showing the funds received from UNICEF under this SSFA, as well as disbursements made by the Implementing Partner, including any unspent balance. Implementing Partner will cooperate with UNICEF with any review of the way the cash assistance was administered and spent and how supplies were stored and utilized, and will require its employees and personnel to fully cooperate with UNICEF with such a review.

6. Reports; Returning Unspent Balance. Implementing Partner will provide UNICEF with reports, and frequency of such reporting will be done, in accordance with the requirements in the Terms of Reference. Implementing Partner will return to UNICEF any unspent balance of the cash assistance at the expiration or early termination of this SSFA.


Dr.Gangadhara Somayaji K.S.
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Mangalore- 575 018, Karnataka

7. Other Matters. This SSFA becomes effective when UNICEF receives a copy duly signed by both Parties. It will be valid until the end date detailed in Annex I. If the Parties have disagreements about the project or the implementation of this SSFA, they will use their best efforts to settle those disagreements amicably. If a disagreement cannot be settled amicably it will be decided finally by the UNICEF respective Regional Director and the Organisation will respect and implement that decision. UNICEF's privileges and immunities are not waived.

Note to UNICEF user: Replace with "Deputy Executive Director Field Results Group" in UNICEF New York Headquarters in case the form is used by Regional Office

8. Please confirm your agreement with the foregoing, on behalf of Organisation, by signing, dating, and returning to us the enclosed copy of this Letter Agreement.

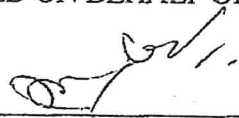
Very truly yours,

United Nations Children's Fund

By 
Meital Rusdia
Chief of Field Office

Date: 02 May 2019

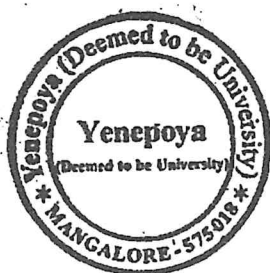
AGREED ON BEHALF OF Yenapoya (Deemed to be University) :

By 
Dr. M. Vijaykumar
Vice Chancellor


Date:

Vice Chancellor
Yenapoya (Deemed to be University)

SSFA Reference: SSFA/2019/07



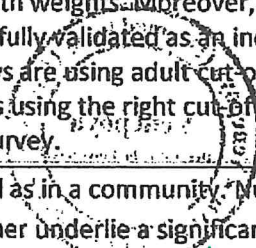
ATTESTED


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**ANNEX-1
TERMS OF REFERENCE**

SSFA Reference: SSFA/2019/07

Start date:	06-May-2019	End date:	30-Sep-2019
Title and purpose of the partnership			
<p>Title of the collaboration: Research and Capacity Building in Nutrition Program through technical documentation on analysis of malnutrition status of adolescents and a short course on 'Nutrition Assessment Techniques'</p> <p>Brief description of the collaboration: The objective of this collaboration is to undertake research and capacity building in nutrition program through technical document preparation on analysis of malnutrition figures of adolescents (15-19 years) in NFHS-3 and NFHS-4 and a Short course in 'Nutrition Assessment Techniques.'</p> <p>Technical document preparation on analysis of Malnutrition status among adolescent: According to WHO, stunting in adolescents is defined as height-for-age z-score <2 SD and thinness as Body Mass Index (BMI) for age z-score of <2SD. In NFHS-3 and NFHS-4, adolescents in the age group of 15-19 have been included in the survey. Their nutritional status has been classified using adult BMI cut-off where proportion less than 18.5 kg/m² is considered as thin. Proportion of girls thus classified as thin was 46.8% and boys as 58.1% in NFHS-3. Similarly in NFHS-4 it was 42% and 45% respectively for boys and girls. These might be overestimations as they utilize adult cut-offs. The objective of this present study is to re-analyze the anthropometric parameters of adolescents included in the NFHS-4 survey using age appropriate cut-offs and to compare the difference in estimates.</p> <p>Short Course on Nutrition: This 4- day course on nutritional assessment techniques is meant for nutritionists as well as clinicians and public health professionals who are interested in nutritional care and research at clinic or community level</p>			
Expected results			
<p>Country Programme Output: Output: By 2022, in UNICEF supported states, government and partners have enhanced capacity to scale up nutrition services for adolescent girls and women (before, during and after pregnancy)</p>		<p>Country Programme Indicator: State reports no IFA blue stock out in last six months.</p>	
<p>Brief description of expected results. It is important to estimate the burden of malnutrition in this age-group with age appropriate cut-offs so as to plan the public health policy and interventions. Stunting in adolescents delays normal maturation and has widespread implications on health outcomes. Almost 25% of an individual height is attained during adolescence. Short stature women are at higher pregnancy risk. Thinness has implications on poor pregnancy outcomes like low birth weights. Moreover, BMI is a validated indicator of total body fat at upper percentiles but is not fully validated as an indicator of undernutrition in adolescents. Moreover, presently national surveys are using adult cut-offs for estimating adolescent undernutrition. If the difference in estimates using the right cut-offs is significant, a policy decision can be recommended for the up-coming similar survey.</p>			
<p>Nutrition is one of the foundations of health in an individual as well as in a community. Nutritional issues like undernutrition on one hand and overweight/obesity on the other underlie a significant part of the preventable morbidity and premature mortality in a population. Nutritional assessment techniques range from dietary assessment to anthropometry including assessment of body composition, and clinical and functional assessment. These are fundamental to formulation of a dietary prescription at the level of</p>			


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a clinic or a dietary policy for a population. Professionals working in the spheres of healthcare, nutrition and public health need to be aware of the modalities of nutritional assessment, their strengths and limitations, and their application in the nutritional care process.

Specific Implementation Arrangements or Conditions

[This is optional, enter "Not Applicable" if not relevant. Specify any additional conditions or considerations of the collaboration with the partner. List any attached documents that specify additional considerations for the collaboration]

Budget

Name/description of activity	UNICEF cash contribution [INR]
Activity 1.1 : Re-visiting the Malnutrition Figures of Adolescents (15-19 Years) In NFHS-3 and NFHS-4	2,60,000
Activity 1.2 : Short Course on "Nutritional Assessment Techniques"	4,67,600
Total cash contribution	7,27,600

Additional resources contributed by UNICEF

Supplies	Units	Total value in [currency]
Supply Item 1	0	0

Other inputs

[Specify any other inputs from UNICEF, such as technical assistance]

Contribution of the partner

[A partner contribution is not required for SSFAs. However, if the partner is making a contribution (cash or in-kind) then it should be noted]

Monitoring and Reporting

FACE form	30 September 2019
Performance reporting	30 September 2019
Other reporting, if applicable	Not applicable
Partner focal point	Dr Madhavi Bhargava, Associate Professor, madhavibhargava4@gmail.com
UNICEF focal point	Dr Khyati Tiwari, Nutrition Specialist, ktiwari@unicef.org

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C.Course for Interns on Maternal Nutrition

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To,
The Principal,
Yenepoya Medical College
Yenepoya (Deemed to be University)

2/04/2019

Subject: Report of Refresher Course for Interns on Maternal Nutrition

Respected Sir,

The Center for Nutrition Studies, Yenepoya (Deemed to be University) and Medical Education Unit, supported by UNICEF (Office of Hyderabad) conducted a Refresher Course on Maternal Nutrition for the Medical Interns of 2014 Regular Batch.

Date: 29 March, 2019; Time: 2 – 4 PM; Venue: Auditorium EMD Building

There were 81 participants, the attendance sheet is attached. The course schedule was as follows:

Time	Session	Resource Person
2:00 PM	Opening Remarks by Principal sir	Dr Moosabba M.S.
2:15 – 2:45 PM	Update on status of maternal health and nutrition in India and its implications	Dr Anurag Bhargava
2:45 – 3:15	Nutritional assessment of pregnant mothers. Identification of at-nutritional risk mothers	Dr Madhavi Bhargava
3:15 – 3:45	Nutritional counselling of pregnant mothers with updates on schemes for nutritional supplementation	Dr Akshaya KM
3:45 – 4:00	Question and answers and refreshments	--

We thank you for encouragement and facilitation provided.

Sincerely,

Dr. Madhavi Bhargava
Deputy Head, Center for Nutrition Studies
Yenepoya (Deemed to be University)
Deralakatte, Mangalore-575018

Dr Madhavi Bhargava

Deputy Head, Center for Nutrition Studies

Principle Investigator, UNICEF Project on Maternal Nutrition

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Mangalore-575 018, Karnataka

Copy to:

Registrar for information

Dr Anurag Bhargava, Head, Center for Nutrition Studies

Dr Rashmi Jain, MEU Co-ordinator

Theses and Dissertation topics on women Health and Wellness


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Theses and Dissertation topics on women Health and Wellness

Total Theses and Dissertation topics on women -42

Sl. No	Year of Registration	Name of the candidates	Departments	Title of Theses and Dissertation	Guide
1.	2015	Ms. G. Prathiba	Community Health Nursing	Efficacy of multimodal nursing intervention to prevent lymphedema among patients who have undergone mastectomy in selected hospital at mangalore	Dr. Asha P. Shetty
2.	2015	Dr. Reeba Mary Issac	Pathology	BRCA gene mutation analysis and histopathological correlation in female cancer patients attending a tertiary care Centre in Kerala.	Dr. Prema Carmela
3.	2015	Ms. Varsha Saxena	Microbiology	Detection and genotyping of human papillomavirus and its role in cervical cancer in sexually active women attending tertiary care hospital	Dr. Vidya Pai
4.	2015	Dr. Mayuri Verma	OBG	Comparative study of pregnancy outcome in patients with isolated oligohydramnios with patients with borderline afluid and normal afluid	Dr. Sadiqunnisa
5.	2015	Dr. Tariq Ahmed	Ophthalmology	A clinical profile of dry eye in healthy women during phases of varying physiological sex hormones	Dr. Cynthia Arunachalam
6.	2015	Dr. Ananta Kumar	Community Medicine	A study on quality of intranatal and early neonatal care among mothers residing in rural field practice area of a teaching institution	Dr. Abhay S Nirgude
7.	2015	Rosily Sebastian	Obstetrics and Gynecological Nursing	“An exploratory study to assess the prevalence of minor ailments and home remedies followed by antenatal mothers for minor ailments of pregnancy in a selected hospital at Mangaluru”	Mrs. Vinaya Kumary T
8.	2015	Geetha P	MSW	A Study of the Knowledge of Breast Cancer, Screening and Breast Self Examination among the Rural Women in Vorkady Village of Kasargod Taluk	Dr. Irene Veigas
9.	2016	Ms. Mudasar Rashid Baba	Physiotherapy	Effects of Scientific Exercise Approach to Scoliosis (SEAS) on Idiopathic Scoliosis in pre - Pubertal Girls- A Prospective Clinical Study	Dr.R.M.Shenoy
10.	2016	Ms. Nigat Fathima P.A.	Physiotherapy	The impact of community based exercise programme on glycemic control, physical fitness and quality of life among type 2	Dr. Abhay Nirgude, ATTESTED  Dr. Gangadhara Somayaji K.S. Registrar

				diabetic and pre- diabetic female patients – A quasi experimental study”	
11.	2016	Ms. Vinita D'Souza	Obstetrics and Gynecological Nursing	“Factors influencing exclusive breastfeeding practices among working and non- working mothers: A Mixed method approach”	Dr. Prakash Saldanha
12.	2016	Ms. Reena Wilma Frank	OBG Nursing	“Effectiveness of Multi Modular Interventions (MMI) of Lifestyle Modification on Severity Symptoms of Poly Cystic Ovarian Syndrome (PCOS) and Quality of life Among Women of Selected Hospitals at Mangaluru.	Dr. Rajagopal K
13.	2016	Ms. Pramila D'Souza	OBC Nursing	“Effectiveness of resistance and aerobic exercises on glycemic control and maternal outcome among women with gestational diabetes mellitus in selected hospitals, Mangaluru.”	Dr. Rajagopal K
14.	2016	Ms. Smitha D	Physiotherapy	Screening for hand function and factors influencing hand performance among beedi rollers and Non beedi rollers	Dr. Shivaram Bhat
15.	2016	Dr. Poornima M S	MD/MS Obstetrics & Gynaecology	Evaluation and correlation of transvaginal endometrial thickness finding with histopathological examination in perimenopausal women with abnormal uterine bleeding	Dr. Sadiq Unnisa
16.	2016	Dr. Faswila M	MD/MS Obstetrics & Gynaecology	A study of gynaecological problems in adolescent girls	Dr. Sally Mary Abraham
17.	2016	Dr. Radhika M	MD/MS Obstetrics & Gynaecology	Transvaginal ultrasonographic measurement of cervical length in mid- trimester of pregnancy in prediction of preterm delivery and its neonatal outcome	Dr. Bhavana Sherigar
18.	2016	Dr. Jasila Akbar	MD Pathology	Histopathological and immunohistochemical study of breast carcinoma with special reference to expression of cd10	Dr. PremaSaldanha
19.	2016	Dr. Kalathingal Kamarunisha Aboobacker	MD Pathology	A comparative study of conventional pap smear with liquid based cytology for early diagnosis of cervical cancer	Dr. M.H Shariff
20.	2016	Amrutha V	Obstetrics and Gynecological Nursing	Study to assess the effectiveness of yoga therapy among women experiencing menopausal symptoms in a selected area at Mangaluru.	Mrs. Vinaya Kumary T

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21.	2016	Insha Maqbool	Community health nursing	Study to assess the knowledge and perception of Kishori Shakti Yojana services among adolscent girls of a seleted community with a view to develop an information guide sheet.	Dr. Leena KC
22.	2016	Srikripa Padmanabhan	MSW	A Study To Assess The Knowledge, Risk Factors And Prevention Of Birth Defects Among Pregnant Women	Dr. Mohammed Guthigar
23.	2017	Ms. Sonya Sequeira	Peadiatric Nursing	Effectiveness of multisensory intervention with maternal participatory guidance on the health status of preterm neonates at a selected hospital, Mangaluru	Dr. Prakash Saldanha
24.	2017	Ms. Nasreen I	Medical & Psychiatry	“Health Problems and Health Seeking Behaviour of Muslim Women in Dakshina Kannada”	Dr.Mohammed Guthigar
25.	2017	Dr. Mahatme Nupur Shashank	MD Psychiatry	Comparison of parental stress and psychiatric morbidity among mothers of children having psychiatric disorder and those of typically developing children	Dr. Anil Kakunje
26.	2017	Dr. Rohini Dhanya C S	MD Pathology	Role of bcl2 in breast carcinoma – a correlation with hormone receptor status and the histologic prognostic factors in a thrtiary care hospital	Dr. AnuradhaC K Rao
27.	2017	Mrs. Sweety Theresa D'Souza	PBG Nursing	Effectiveness of bensons’s relaxation therapy on post operative pain among mothers delivered by caesarean section in a selected hospital at Mangaluru	Mrs. Janet Prima Miranda
28.	2017	Ms. Sheethal	MPT - Orthopaedics and Sports	Effectiveness Of Hamstring Stretching Using Standing Stretch,Supine Stretch, Pilates(Saw) And Yoga(Janu Sirsasana)In Improving The Flexibility Of Hamstring Muscle Among Female Students –A Randomised Control Trial	Prof.S.Padmakumar
29.	2017	Kavyashree	MSW	A Study on ‘Knowledge On Child Abuse And Prevention Amongst Mothers In A-rural community of Bantwal Taluk	Dr. Irene Veigas
30.	2017	Sajina. Vv	MSW	A Study To Assess The Effectiveness Of Awareness Programme On Knowledge Of Sexual Abuse And Its Prevention Among Female Adolescents In Selected Rural And Urban High Schools Of Kasaragod District	Dr Irene Veigas

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Dr.Gangadhara Somayaji K.S.
Registrar

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31.	2018	Ms. Vijayalakshmi	Obstetrics and Gynecological Nursing	Effectiveness of sexual and reproductive health training programme on knowledge and coping strategies of women with mental illness” A mixed method study	Dr. Rajgopal
32.	2018	Ms. Carol Karishma Alphones	Obstetrics and Gynecological Nursing	Effectiveness of planned early ambulation on selected post – operative recovery among caesarean mothers in private Medical College Hospital of Mangaluru	Prof. Janet Prima Miranda
33.	2019	Mrs. Janet Prima Miranda	Obstetrics and Gynecological Nursing	Effectiveness of counselling using Psychodrama on modifiable risks for the prevention of Coronary artery disease (CAD) among Perimenopausal women in a selected community area at Mangaluru	Dr. Prabha Adhikari
34.	2019	Ms. Anagha K	Zoology	Establishment of data independent acquisition mode of mass spectrometry analysis pipeline for the detection of membrane proteins of immune cells in breast cancer patients	Dr. Rohan Shetty,
35.	2019	Ms. Somi Shrivastava	Biotechnology	Stage-specific identification of Biomarkers in Cervical Cancer	Dr. R.C. Koumar,
36.	2020	Ms. Mainaz	MSW	A Study to assess the knowledge and Self-Examination for breast cancer among a selected group of women in Bantwal Taluk, Dakshina Kannada District	Dr. Mohammed Guthigar
37.	2020	Ms. Amisha S. Amin	OBG Nursing	Effectiveness of multifaceted bladder retraining programme on continence and quality of life among parous women with stress urinary incontinence	Dr. Padmapriya S
38.	2020	Ms. Swapna M. Nair	Biochemistry	Epigenetic modulation of PTEN gene in triple negative breast cancer	Dr. Divya Lakshmanan M

ATTESTED

[Signature]

Dr. Gangadhara Somayaji K.S.
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39.	2020	Ms. Neekshitha V. Shetty	MBA (HR)	Quality of work of women employee in service sector	Dr. Shareena P
40.	2020	Ms. Sumayyah Muhammed Qasim Ahmad	Biochemistry & Molecular Biology	Development towards early detection of Cervial cancer	Dr. Shankar Prasad Das
41.	2021	Ms. Shreya Vikranth Kumar	Anatomy	To study efficacy of Asparagus racemosus & Saraca asoca on female rats with PCOS induced by letrozole	Dr. Bindhu S.
42.	2021	Mr. Shubham Sukerndeo Upadhyay	Biotechnology	Proteomic profiling of triple - negative breast cancer using DIA-based proteomics panel	Dr. Rohan Shetty

ATTESTED

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